

## **OBSTETRICAL ULTRASOUND**

Please arrive a few minutes before your exam time, to check in and take care of any needed paperwork, so the ultrasound exam can start promptly @

APPOINTMENT DATE AND TIME: \_\_\_\_\_

\*Patients who arrive late for their ultrasounds will need to be rescheduled, the ENTIRE appointment time is needed to adequately examine your baby and QUALITY of exam is our #1 priority.

### **INSTRUCTIONS:**

\_\_\_\_\_OBSTETRICAL Ultrasound BEFORE 24 weeks: FINISH 20oz of fluid 1 hour before scheduled appt. time. DO NOT VOID...full bladder is needed.

\_\_\_\_\_OBSTETRICAL Ultrasound AFTER 24 weeks: eat a snack before exam. (Full bladder is not necessary)

\_\_\_\_\_BIOPHYSICAL PROFILE: eat a snack/meal before exam (Full bladder is not necessary)

## **OBSTETRICAL ULTRASOUND**

Ultrasounds performed here at Monadnock OB/GYN are MEDICAL procedures that are requested by your provider, performed by a registered sonographer, and interpreted by a physician. It is a DIAGNOSTIC procedure used to examine the developing fetus for abnormalities. Biophysical profiles are done to assess fetal well-being by observing certain fetal movements and amniotic fluid volume.

You may bring your spouse, significant other or a friend into the scan room with you. If you bring children, we ask that you bring an adult to supervise them in the waiting room. Once the MEDICAL portion of the exam is complete (and when time permits), your guests may join you in the room for a few minutes to observe. Our policy is based on safety and accuracy of your exam. A QUALITY exam of your baby is our priority.

In many cases, after 5 months, we are able to determine the gender of your baby. Please inform the sonographer at the beginning of your exam if you wish to find out. In the vast majority of cases, this is NOT clinically significant. Occasionally the fetal position may interfere with our ability to determine the gender. We will do our best to determine the gender when desired but future scans will be done for medical purposes only, not for gender determination.

Videotaping is not permitted due to AIUM/ALARA guidelines.(AIUM is the group that gives us our certification to perform ultrasounds, so we can no longer videotape)